



डॉ. बी.आर. अम्बेडकर सामाजिक विज्ञान विश्वविद्यालय
Dr. B.R. Ambedkar University of Social Sciences
(State University established by the Government of Madhya Pradesh)

Faculty of Social Sciences and Management Studies



Syllabus for M.A.

in

PSYCHOLOGY

2018



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M.A. PSYCHOLOGY SYLLABUS 2018-19 ONWARD

M.A. Psychology Semester– I

Paper No.	Code	Title of the Paper	Credits
I	PSY - 511	Cognitive Processes-I	3+0
II	PSY - 512	Research Methods-I	3+0
III	PSY - 513	Theories of Personality-I	3+0
IV	PSY - 514	Life Span Development	3+0
V	PSY - 515	Practical & Internship	3+0

M.A. Psychology Semester– II

Paper No.	Code	Title of the Paper	Credits
I	PSY - 521	Cognitive Processes-II	3+0
II	PSY - 522	Research Methods-II	3+0
III	PSY - 523	Theories of Personality-II	3+0
IV	PSY - 524	Educational Psychology	3+0
V	PSY - 525	Practical & Internship	3+0

M.A. Psychology Semester– III

Paper No.	Code	Title of the Paper	Credits
I	PSY - 531	Social Psychology-I	3+0
II	PSY - 532	Positive Psychology	3+0
III	PSY - 533	Psychopathology-I	3+0
IV	PSY - 534	Guidance and Counseling	3+0
V	PSY - 535	Practical & Internship	3+0

M.A. Psychology Semester– IV

Paper No.	Code	Title of the Paper	Credits
I	PSY - 541	Social Psychology-II	3+0
II	PSY - 542	Psychological Assessment	3+0
III	PSY - 543	Clinical Psychology: Psycho-diagnostic Techniques	3+0
IV	PSY - 544	Health Psychology (Optional) Or Organizational Behavior (Optional) Or Dissertation (Optional)	3+0
V	PSY - 545	Practical & Internship	3+0



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M.A. Psychology Semester– I

Paper-I: Cognitive Processes-I

Unit –I:

Origin and Current Status of Cognitive Psychology; Attention: Concept, Types, Selective Attention, Determinants, Theories – Filter, Filter Attenuation, Sustained Attention – Determinants and Theories

Unit –II:

Perceptual Processes – Approaches to the Study of Perception – Gestalt, Behaviouristic and Physiological Approaches, Perceptual Organization – Gestalt, Figure and Background, Laws of Perceptual Organization.

Unit –III:

Role of Motivation and Learning in Perception, Figural After Effect. Perceptual Constancy – Size, Shape, Brightness, & Depth Perception.

Unit –IV:

Verbal Learning – Materials and Methods; Determinants of Verbal Learning and Organizational Processes.

Unit –V:

Memory – Encoding, Storage, Retrieval, Sensory Memory, Short-term Memory, (STM), Long-term Memory (LTM); Episodic and Semantic Memory. Developmental Processes : Memory Development, Rehearsal, Organization and Meta memory.

Books Recommended:

1. D'amato, M.R. (1972): Experimental Psychology: Methodology, Psychophysics and Learning. McGraw-Hill, New York.
2. Hulse, S.H., Egeth, H. & Deese, J. (1980). The Psychology of Learning. (5th Ed.) McGraw Hill, Kogakusha.
3. Matlin, M.W. (1983) Cognition, Holt, Rinehart & Winston Inc.
4. Snodgrass, J.G. Levy, B.G. & Haydon, M. (1985). Human Experimental Psychology, Oxford University Press, New York.



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5. Bourne, L.E., Dominowski, R.L. & Loflus, E.F. (1979) Cognitive Processes, Prentice Hall, N.Y.
6. Galotti, K.M. (1999). Cognitive Psychology in the Outside Laboratory. Thomson Asia, Mumbai.
7. Matlin, M.W. (1985). Cognition (3rd Edition), Prism Book Pvt. Ltd., Bangalore.
8. Snodgrass, J.G. et al., (1985). Human Experimental Psychology, Oxford University Press, New York.
9. Katbleen, M.G. (2009). Cognitive Psychology: Perception attention and Memory. CENGAGE Learning, Delhi.
10. सिंह, अ. कु. (2009): संज्ञानात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली।
11. श्रीवास्तव, रामजी (2005) : संज्ञानात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली।
12. तिवारी, बी. डी. एवं उपाध्याय, एस. (2004): अधिगम, बच्चन प्रकाशन, वाराणसी।



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Paper-II- Research Methods-I

Unit –I:

Nature of Research, Fact and Theory, Research Problem, Hypotheses, Types of Research, Preparation of Research Report, Sampling: Population and Sampling, Simple Random Sampling, Stratified Random Sampling, Cluster Sampling, Non-probability Sampling, Incidental/ Quota and Purposive Sampling

Unit –II:

Psychological Experiment: Steps of Experiment, Variables Types and Control of Relevant Variables, Minimization of Error Variance, Merits and Demerits of Experimental Method: Laboratory and Field Experiments.

Unit –III:

Non-experimental research design: Co relational, Quasi experimental and Ex-post-facto designs. Single subject design; Longitudinal and Cross-sectional designs.

Unit –III:

Methods of Data Collection: Interview - Interview Schedule, Objectivity and Objective Methods of Observations, Types of Objective Measures, Types of Objective Scales and Items, Choice and Construction of Objective Measures, Evaluation of Objective Tests and Scales.

Unit –IV:

Classification of Projective Measures. Sociometry - Methods of Sociometric Analysis. Methods of Content Analysis; Semantic Differential Method and Q-Methodology, Anecdotal Record.

Books Recommended:

1. Karlinger F.N. (1983). Foundations of Behavioural Research, Surjeet Publication, Delhi.
2. McGuigan, F.J. (1968}. Experimental Psychology – A Methodological Approach, Prentice Hall, N.J.
3. Brown C.W. & Ghiselli, E.E. (1965). Scientific Methods in Psychology, McGraw-Hill, N.Y.



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4. Black, T.R. (1988). Quantitative Research Designs for Social Science. Thousand Oaks:Sage.
5. Edwards, A.L. (1976). Experimental Design in Psychological Research, Amerind Publication, New Delhi.
6. Newman, W.L. (1991). Social Research Methods: Quantitative and Qualitative Methods, Boston: Allyn & Bacon.
7. Tripathi, L.B. (1985). Psychological Research Methods, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). Experimental Design in Behavioural Research, Wiley Eastern, New Delhi.
9. Heman, G.W. (1995). Research Methods in Psychology, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). Experimental Design in Psychological Research, McGraw Hill



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PAPER – III: Theories of Personality-I

Unit -I:

Personality: Nature and Scope, Various Theoretical Approaches to Personality.

Unit -II:

Determinants of Personality: Biological and Physiological; Psychological, Environmental (Social, Educational, Family and Cultural).

Unit -III:

Psychoanalytic Theory: Freud's Psychoanalytic Theory. Jung's Analytic Theory, Adler's Individual Theory.

Unit -IV:

Neo- Freudian and Post – Freudian Approaches: Horney, Erich Fromm, Erikson and Sullivan.

Unit -V:

Indian Views on Personality: Personality in Upnishads, The Sankhya Theory of Personality, Yoga Theory of Personality, Abhidhamm Theory of Personality, Comparative Study of Eastern and Western Theories of Personality.

Books Recommended:

1. Liebert, R.M. & Spiegler, M.D. (1994). Personality: Strategies and Issues. Pacific Grove. California: Brooks/Cole Publishing Company.
2. Biscoff, L.J. (1970). Interpreting personality theories. New York: Harper & Roe.
3. Hall, C.S. & Lindzey, G. (1978). Theories of personality, 3rd Ed. New York: J. Wiley & Sons.
4. Hjelle, L.A., & Zeigler, D.J. (1991). Personality theories: Basic assumptions, research & applications, 2nd Ed. International Student Edition. McGraw Hill, International Book Co.
5. Pervin, L.A. (1975). Personality: Theory, assessment and research, 2nd Ed. New York, Wiley International ed.
6. Sahakian, W.S. (1965). Psychology of Personality: Readings in theory. Chicago : Rad Mc-Nally College Publication Co.
7. Magnusson, D., Endler, N.S. (1977). Personality at Crossroads. New Jersey, Hillsdale : Lawrence Erlbaum Associates.



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8. Calvin S. Hall Gardner Lindzey John B. Campbell (2007). Theories Of Personality 4th Edition, Publisher: Wiley India Pvt Ltd.
9. Barbara Engler (2008). Personality Theories / Edition 8.
10. व्यक्तित्व मनोविज्ञान (2004): अरुण कुमार सिंह, मोतीलाल बनारसी दास ।
11. व्यक्तित्व मनोविज्ञान (2002): मधु अस्थाना, किरण बाला, मोतीलाल बनारसी दास ।
12. व्यक्तित्व मनोविज्ञान (2004): डी. एन. श्रीवास्तव, भार्गव पब्लिकेशन हाउस, आगरा ।



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Paper-IV- Life Span Development

Unit –I:

Nature and Principles and theories of Development, Issues and Controversies.

Unit –II:

Determinants of Development : Heredity and Environment; Effects and relative importance.

Unit –III:

Methods of studying development: observational, correlational, and experimental research, longitudinal and cross-sectional & cross cultural research.

Unit –IV:

Physical and Motor Development: Importance, Stages and Patterns and Characteristics

Unit -V:

Language Development: Nature and theories, Stages of Development, Speech-forms of communication, Determinants of language development.

Books Recommended:

1. Crain M. (1950). Theories of Development, New Jersey, Prentice Hall.
2. Hurlock, E.G. (1986). Development Psychology (6th Edition), New Delhi, Tata McGrawhill.
3. Hetherington, M.E & Park, R.D. (1999). Child Psychology. A Comparative view point (Revised) Boston McGraw Hill.



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Paper-V- Practical

Any Five:

1. Kinesthetic Figural After Effect
2. Effect of Interpolated Learning on Retention
3. Serial Position Curve
4. EPQ
5. 16-PF
6. Semantic differential technique
7. Q-sort methodology.
8. Construction of interview schedules
9. Construction of questionnaires
10. Type A and Type B Behaviour

Internship

In this semester students will have to go for internship. Topic of the internship will be decided with the help of concerned faculty.



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M.A. Psychology Semester– II

Paper-I: Cognitive Processes-II

Unit –I:

Language – Comprehension and Structure, Constituent Structure Transformational Grammar
Speech Perception, Characteristics of Language Production, Social context, Speech Errors

Unit –II:

Reasoning: Propositional Reasoning, Syllogistic Reasoning, Probabilistic Inferences.
Problem Solving: Nature, Steps, Types of Problem and Method, Creative Problem Solving.

Unit –III:

Concept Formation – Nature, Characteristics, Types, Conceptual and Strategies, Conceptual
Rules and their Learning, Levine's Hypothesis Testing Theory.

Unit –IV:

Thinking: Nature, Types, Role of Language, Set and Images in Thinking, Theories of
Thinking: Central and Peripheral, Piaget's Theory.

Unit –V:

Decision Making- Algorithms and Heuristics representatives, availability anchoring and
adjustment. The framing effect and over confidence in decision.

Books Recommended –

1. Matlin, M. (1983). Cognition. Holt, Rinehart & Winston. N.Y.
2. Best, J.B. (1999) Cognitive Psychology, Wadsworth, N.Y.
3. Bourne, L.E. Dominowski, R.I. Elizabeth F.L. (1979), Cognitive Processes, Prentice Hall Inc., N.J.
4. Stenberg, R. J. (2006). Cognitive Psychology. Thompson Walsworth, Australia Spain, United States.
5. Reisenberg, D. (2006). Cognitive Psychology : Exploring the science of the mind. W.W. Northon & Company. New York, London.
6. श्रीवास्तव, बीनाआनन्द, बानी एवं आनन्द, वर्षा (2005) : संज्ञानात्मक मनोविज्ञान, मोतीलाल बनारसीदास, वाराणसी ।
7. सिंह , अरुण कुमार (2002) : सज्ञानात्मक मनोविज्ञान, मोतीलाल बनारसी दास, वाराणसी ।
8. सुलेमान, मोहम्मद (1996) : सामान्य मनोविज्ञान: मूल प्रक्रियाएं एवं संज्ञानात्मक प्रक्रियाएं, मोतीलाल



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बनारसी दास, वाराणसी।

Paper-II- Research Methods-II

Unit –I:

Research Designs: Meaning and Purpose, Within- and Between- Group Designs – Single Group and Single Subject Designs, Randomized Groups Designs, Matched Groups Designs, Latin Square Designs, Factorial Designs, Repeated Measures Design.

Unit –II:

Sampling: Meaning, Types and methods of sampling. Sampling errors, Null Hypothesis, type I & II error, Level of significance.

Unit –III:

Statistical Methods in Experimental Design: Hypothesis testing: Chi-Square test, 't'- test (Correlated and Uncorrelated Means).

Unit –IV:

One-way and Two-way Analysis of Variance, Sign test Duncan's Range Test.

Unit –V:

Correlation Methods: Pearson's product moment method. (Grouped and Ungrouped data), Tetrachoric correlation, Partial correlation, Point-Bi serial correlation, Biserial coefficient of correlation.

Books Recommended:

1. Karlinger F.N. (1983). Foundations of Behavioural Research, Surjeet Publication, Delhi
McGuigan, F.J. (1968}. Experimental Psychology – A Methodological Approach, Prentice Hall, N.J.
2. Brown C.W. & Ghiselli, E.E. (1965). Scientific Methods in Psychology, McGraw-Hill, N.Y.
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5. Newman, W.L. (1991). Social Research Methods: Quantitative and Qualitative Methods, Boston: Allyn & Bacon.
6. Tripathi, L.B. (1985). Psychological Research Methods, Har Prasad Bhargav, Agra.
7. Broota, K.D. (1992). Experimental Design in Behavioural Research, Wiley Eastern, New Delhi.
8. Heman, G.W. (1995). Research Methods in Psychology, Houghton Mifflin Company, Boston, Illinois, New Jersey.
9. Winer, B.J. (1961). Experimental Design in Psychological Research, McGraw Hill



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Paper – III Theories of Personality-II

Unit - I:

Important Issues in Personality theories: Philosophical view of the person, Internal and external determinants of behavior, concept of self, states of awareness and concept of unconscious, relationship among cognition, affect and behavior, influence of past, present and future of behavior.

Unit - II:

The Dispositional Approach: Allport's Trait Approach, Cattell's Trait Approach, Eysenck's Type Approach, Big Five Factor Model of Personality.

Unit - III:

Humanistic Approaches: Maslow's Hierarchical Theory of Human Motivation, Roger's Self Theory, Need for Achievement- Maclelland Atkinson Approach,

Unit - IV:

Phenomenological Theory and Cognitive Theory: Kelly's Personal Construct Theory, Murray's Need Theory, Lewin's Field Theory, Festinger's Cognitive Dissonance Theory, Mischel's Cognitive-Behavioural Theory.

Unit-V:

Behavioristic Approach to Personality Skinner; Social Learning Theories - Miller and Dollard Theory, Rotter's Theory, Bandura's Theory.

Books Recommended:

1. Liebert, R.M. & Spiegler, M.D. Personality : Strategies and Issues. Pacific Grove. California : Brooks/Cole Publishing Company.
2. Biscoff, L.J. (1970). Interpreting personality theories. New York : Harper & Roe.
3. Hall, C.S. & Lindzey, G. (1978). Theories of personality, 3rd Ed. New York: J. Wiley & Sons.
4. Hjellev, L.A., & Zeigler, D.J. (1991). Personality Theories: Basic Assumptions, Research and Applications, 2nd Ed. International Student Edition. McGraw Hill, International Book Co.



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5. Pervin, L.A. (1975). Personality : Theory, assessment and research, 2nd Ed. New York, Wiley International ed.
6. Sahakian, W.S. (1965). Psychology of personality : Readings in theory. Chicago : Rad Mc-Nally College Publication Co.
7. Magnusson, D., Endler, N.S. (1977). Personality at crossroads. New Jersey, Hillsdale : Lawrence Erlbaum Associates.
8. Calvin S. Hall Gardner Lindzey John B. Campbell (2007). Theories Of Personality 4th Edition, Publisher: Wiley India Pvt Ltd.
9. Barbara Engler (2008). Personality Theories / Edition 8.
10. व्यक्तित्व मनोविज्ञान (2004), अरूण कुमार सिंह, मोतीलाल बनारसी दास ।
11. व्यक्तित्व मनोविज्ञान (2002), मधु अस्थाना, किरण बाला, मोतीलाल बनारसी दास ।
12. व्यक्तित्व मनोविज्ञान (2004), डी. एन. श्रीवास्तव, भार्गव पब्लिकेशन हाउस, आगरा ।



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Paper IV- Educational Psychology

Unit –I:

Educational Psychology: Meaning, Scope and methods. Role of psychology in education, objectives of teaching educational psychology, limitations of educational psychology.

Unit –II:

Individual differences and education: Meaning and Nature of Individual difference, the areas of individual differences, methods of studying individual differences.

Unit –III:

Motivation: Curiosity, exploration, expectancy, achievement motivation, role of motivation in learning.

Unit –IV:

Effective Teaching: characteristics of a good teacher, keys of success; effective teaching of different subjects and different students, teaching methods.

Unit –V:

Evaluating performance: Measurement and evaluation, Types of educational assessment, projective and non-projective tests. Assessing and dealing with pupil variability: nature and measurement of intelligence, ability grouping-mental retardation: learning disabilities, physically handicapped, gifted and talented students.

Books Recommended:

1. Divesta and thompon (1985). Educational psychology. New York Applelton Centry.
2. Fraudsem, A.N. (1961) Educational Psychology. New York Mc Graw Hill.
3. Lindgren, H. (1976). Educational Psychology in the classroom. Hong kong: John Wiley.
4. Rao, S. Narayan (2002). Educational Psychology. New Delhi: New Age International (P) Limited Publisher.
5. Chauhan, S.S. (1984). Advanced Educational Psychology. New Delhi: Vikas Publishing House Pvt.Ltd.
6. Skinner, C.E. (2002). Educational Psychology. New Delhi: Prentice Hall of India Ltd.
7. Singh, A.K. (2006). Educational Psychology, Motilal Banaras Das, Patna.



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Paper-V- Practical

Any Five:

1. Short-term Memory
2. Knowledge of Result
3. Effect of Set on Problem Solving
4. Locus of Control
5. Concept Learning
6. Study of transfer of training
7. Chunking
8. NEO-PI
9. Clustering (Study of effect of clustering on verbal learning)
10. Any Study/Experiment proposed by the Teacher

Internship

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M.A. Psychology Semester– III

Paper I: Social Psychology-I

Unit-I:

Introduction: Meaning, Concept and field of social Psychology. Theoretical Approaches: Biological, Social Learning, Cognitive and Psychoanalytic.

Unit-II:

Methods of Study in Social Psychology: Experimental Method, Correlation Study, Survey and Field Studies, Case study.

Unit – III:

Social Perception and Cognition: (a) Person Perception, Impression Formation, (b) Self Perception and Impression Management, (c) Attribution: Internal and External Factors. Theories of Causal Attribution: Kelly, Jones & Weiner.

Unit – IV:

Interpersonal Attraction: Nature, Measures, Antecedent and Conditions; Determinants – Physical Attractiveness, Similarity, Reciprocity. Theories – Reinforcement, Similarity, Cognitive and Exchange.

Unit – V:

Communication: Meaning and nature of communication, Types of communication, Barriers of communication and Measures of effective communication.

Book recommended –

1. Baron, R.A. & Byrne, D.P. (1987). Social Psychology, Fifth Edition, Prentice Hall (India): New Delhi.
2. Feldman, R.S. (1985). Social Psychology : Theory, Research and Applications, McGraw Hill: New Delhi.
3. Donerstein, M.B. & Donerstein, E. 1. (1984) Social Psychology.
4. Roy, F. Baumeister and Brad Bushman (2009) . Fundamentals of social psychology. CENGAGE Learning, Delhi.
5. John D. Delamater and Daniel J. Myers (2009) : Text book of social psychology. CENGAGE Learning, Delhi.



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6. त्रिपाठी, एल.बी, आधुनिक सामाजिक मनोविज्ञान, एच.पी. भार्गव बुक हाउस, आगरा।
7. सिंह, ए.के., समाज मनोविज्ञान की रूपरेखा, मोतीलाल बनारसी दास, पटना।
8. सलूमान, मुहम्मद, उच्चतर समाज मनोविज्ञान, मोतीलाल बनारसी दास, पटना।
9. बेरन, आर.ए., सामाजिक मनोविज्ञान, पियरसन इड्यूकेशन, दिल्ली.



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Paper II: Positive Psychology

Unit-I :

Concept of Positive Psychology and its development, Classifying character, Virtues and strengths of positive psychology.

Unit-II :

Positive psychology for children and adolescents: Development, prevention and promotion, positive youth development: Components and methods

Unit-III :

Well-being: Nature and theoretical approaches, Measurement and Correlates, Emotional intelligence: concept and theoretical approaches.

Unit-IV:

Cognitive approach: Hope, Optimism and self-efficacy,

Interpersonal approach: Empathy and altruism

Unit-IV:

Identifying and Measuring strengths: Virtues and strengths of character, positive self and flow.

Books Recommended:

1. Snyder, C.R & Lopez, S.J.(2009). Oxford handbook of positive psychology (eds), Oxford university press, New York.
2. Baumgardner, S. & Crothers, M.(2014). Positive psychology, Pearson Education Limited, Edinburg Gate Harlow.
3. Carr, A.(2004). Positive psychology. London: Routledge.
4. Compton, W.C.(2005). Introduction of positive psychology. Belmont: Wadsworth.
5. Linley, P.A.(2004). Positive psychology in practice. New York: Wiley



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Paper III: Psychopathology-I

Unit – I:

Introduction: Meaning and Definition of Abnormal Behaviour; Approaches of Study in Psychopathology: Biological Approach – Brain and Behaviour, Biological Factors (Neurotransmitters, Hormones, Genetic, Constitutional, Brain Dysfunction, Physical Deprivation); Psychosocial Approaches - Psychodynamic, Behavioural and Cognitive; Psychosocial Causal Factors; Sociocultural Approach – Sociocultural Causal Factors; Humanistic Perspective.

Unit – II:

Classification of Mental Disorders – DSM-IV-TR and ICD-10.

Unit – III:

Schizophrenia: History, Prevalence, Symptoms and Sub-types – Paranoid, Disorganized, Catatonic, Undifferentiated and Residual Types

Unit – IV:

Anxiety Disorders: Introduction, Fear and Anxiety, Types, Prevalence and Symptoms of Anxiety Disorders – Generalized Anxiety Disorder (GAD), Phobic Disorders (Specific, Social and Agoraphobia), Panic Disorders, Obsessive-Compulsive Disorder (OCD), Post-traumatic Stress Disorder (PTSD).

Unit – V:

Mood Disorders: Introduction, Types – Prevalence and Symptoms of (i) Unipolar Disorders: Dysthymia, Depressive Mood with Adjustment Disorder, Major Depressive Disorder (MDD) and (ii) Bipolar Disorders: Bipolar I, Bipolar II, Cyclothymia; Seasonal Affective Disorder.

Books Recommended:

1. Diagnostic and Statistical Manual of Mental Disorders – IV- Text Revision (DSM-IV-TR) (2000). American Psychiatric Association. Tapee Brothers Medical Publishers (P) Ltd.
2. Carson, R.C., Butcher, J.W., Mineka, S., Hooley, J.M. (2007). Abnormal Psychology, Pearson Education Inc.



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3. Sadock, B.J. and Sadock, V.A. (2003). Synopsis of Psychiatry, Lippincott Williams & Wilkins.
4. Carson, R.C., Butcher, J.W., and Mineka, S. (2000). Abnormal Psychology and Modern Life, Allyn & Bacon.
5. Barlow, D.H. and Durand, V.M. (2005). Abnormal Psychology: an Integrated Approach, Wadsworth.
6. Sarason, I.G. and Sraon, B.R. (2002). Abnormal Psychology, Pearson Education Asia.
7. जायसवाल, अ. कु. (2013)। आधुनिक असामान्य मनोविज्ञान, श्री विनोद पुस्तक मन्दिर, आगरा
8. सिंह, अ. कु. (2010)। आधुनिक असामान्य मनोविज्ञान, छठा संस्करण, मोतीलाल बनारसीदास, नई दिल्ली।



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Paper IV: Guidance and Counseling

Unit – I:

Guidance & Counseling: Meaning, goals and needs. Difference between guidance and counseling. Counseling as a helping and therapeutic relationship.

Unit – II:

Theories and techniques of counseling: Psychoanalytical theory & techniques, Behaviouristic theory & techniques, Cognitive theory & techniques and Humanistic theory & techniques. Counseling skills, qualities of effective counselor. Ethical issues in counseling.

Unit – III:

Educational and Career counseling: Needs of counseling in schools. Counseling at different levels of education, Developing positive attitude and understanding about the world of work and various occupations, Classification of occupation.

Unit – IV:

Theories of career development: Holland's theory of vocational personality and work environment, Super's development –Self Concept Approach, Bandura's Social Learning Approach, Implications of Career theories for counselors.

Unit – V:

Occupational information: Aims & functions. Collection of occupational information, Dissemination of career related information.

Books Recommended:

1. Belkin,G.S. (1998). Introduction to counseling W.G. Brown Publishers.
2. Nelson,J.(1992). The theory and practice of counseling psychology. New York. Holt Rinehart and Wionston.
3. Jiaswal,S.R.(1968). Guidance and counseling, Lucknow, Ahemdabad.
4. Rao.S.Narayan.(1968). Counseling psychology. Bombay, Tata Mac Graw Hill Publi.co.



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Paper-V- Practical

Any Five:

1. Authentic Happiness
2. Psychological Well-being
3. Sociometry
4. Mental Health
5. Quality of Life
6. Raven's Standard Matrices
7. Stanford Binet Test
8. Formulation of a Factorial Design Experiment
9. Rorschach Ink-Blot Test
10. TAT

Internship

In this semester students will have to go for internship. Topic of the internship will be decided with the help of concerned faculty.



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M.A. Psychology Semester– IV

Paper I: Social Psychology-II

Unit-I:

Aggression : Nature and Characteristics. Theories – Psychoanalytic, Ethological, Social Learning; Frustration and Aggression: Provoking Factors and Aggression Management.

Unit-II:

Attitude : (a) Nature, Components, Formation and Measurement, (b) Attitude Change : Persuasive Communication and Cognitive Dissonance. Prejudice and Discrimination.

Unit-III:

Social Influence Processes : (a) Nature, Components, Kinds and Social Comparison Theory, (b) Conformity – Nature, Determinants, Compliance and Obedience.

Unit-IV:

Group Dynamics : Nature, Characteristics, Group Structure, Effect of Group on Behaviour - Social Facilitation, Social Loafing, Risky Shift, De-individuation and Crowd Behaviour.

Unit-V:

Leadership – Emergence, Style and Theories. Social power, Social justice and Social role.

Book recommended –

1. Baron, R.A. & Byrne, D.P. (1987). Social Psychology, Fifth Edition, Prentice Hall (India): New Delhi.
2. Feldman, R.S. (1985). Social Psychology : Theory, Research and Applications, McGraw Hill: New Delhi.
3. Donerstein, M.B. & Donerstein, E. 1. (1984) Social Psychology.
4. Roy, F. Baumeister and Brad Bushman (2009) . Fundamentals of social psychology. CENGAGE Learning, Delhi.
5. John D. Delamater and Daniel J. Myers (2009) : Text book of social psychology. CENGAGE Learning, Delhi.
6. त्रिपाठी, एल.बी, आधुनिक सामाजिक मनोविज्ञान, एच.पी. भार्गव बुक हाउस, आगरा।
7. सिंह , ए.के., समाज मनोविज्ञान की रूपरेखा, मोतीलाल बनारसी दास, पटना।
8. सलूमान, मुहम्मद, उच्चतर समाज मनोविज्ञान, मोतीलाल बनारसी दास, पटना।



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9. बेरन, आर.ए., सामाजिक मनोविज्ञान, पियरसन एजुकेशन, दिल्ली.

Paper II: Psychological Assessment

Unit-I:

Nature of psychological test: Nature and definition, characteristics, Uses of Psychological tests, Types of Psychological Tests, characteristics of examinee, effects of examiner, **Unit-**

II:

Reliability and validity: concepts and types; Norms: Concept, Types – Development of Norms, Age Norms, Grade Norms, Intergroup Norms, Reliability of Norms.

Unit-III:

Intelligence Testing: Nature, Theories of Intelligence – (Spearman, Thurston, Guilford, Cattell). Information Processing Approach and Pass Model, Speed and Power Tests, Individual and Group Tests, Verbal and Performance Tests and Cross-cultural tests.

Unit-IV:

Personality Testing: Concept of personality, Psychometric tests (Inventory, questionnaire), Projective Techniques - Problems of Reliability and Validity of Projective Tests.

Unit-V:

Tests of Special Abilities: Aptitude testing, Occupational testing, Clinical testing, Educational testing. Ethical aspects: User's Qualification, Confidentiality, Communication of Results, Invasion of Privacy, Civil Rights of Minority, Evaluation of Tests.

Books Recommended:

1. Guilford, J.P. (1954). Psychometric Methods, Tata McGraw Hill, India.
2. Freeman, F.S. (1962). Theory and Practice of Psychological Testing. Oxford and IBH Pub. Co., New Delhi.
3. Payne, D.A. & McMorries, R.F. (1972). Educational and Psychological measurement. Oxford and IBH Pub. Co. New Delhi.
4. Anastasi, A. (1983), Psychological Testing (5th Ed.) N.Y. McMillan.
5. Nunally, J.C. (1979). Psychometric Theory (2nd Ed.) Tata McGraw Hill, India.
6. Ciminaro, A.R. (1984). Handbook of behavioural assessment, New York : John Wiley.



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7. Miller, D.C. (1991). Handbook of research design and social measurement, London : Sage.
8. Leung, F.T.L. & Austin, J.T. (1996). The psychology research handbook, London : Sage.
9. Nunnally, J.C. (1978). Psychometric Theory. Tata McGraw Hill Pub. Co. Ltd. New Delhi.
10. Kaplan, R.M. and Saccuzzo, D.D. (2007) : Psychological Testing. Thompson- Wordsworth. Australia, Spain.. United States.
11. Eysenck, M.W. (2004) : Psychology : An Introductory Psychology. Press : Taylor & Francis Group. Hove and New York.
12. Test Measurement & Research Method in Behavioural Sciences: Bharti Bhawan, Patna.

PAPER - III Clinical Psychology: Psycho-diagnostic Techniques



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Unit – I:

Clinical Psychology – Historical perspective, Nature and Scope, Current status, Role of clinical Psychologists in Mental Hospitals, Educational Institutions, Vocational guidance.

Unit – II:

Mental Health: Concept, Components, Intervention Models – Clinical Model, Community Model, Social Action Model.

Unit-III:

Clinical Assessment – Nature and Objectives, Clinical interview – Purpose, Types, Stages, Clinical Utility and Limitations. Case Study Method- Purpose, Sources, Clinical Utility, limitations. Observation Method: Objectives, Types, Clinical Utility and Limitations

Unit-IV:

Intellectual Deficit- definition, characteristics, Tests of Intellectual Deficit – Wechsler Adult Intelligence Test, Scatter Analysis. Raven's Coloured, Standard and Advance Progressive Matrices. Clinical Assessment of Personality – Cattell's 16 P.F., MMPI-II and Big Five.

Unit-V:

Projective Techniques: Characteristics, Classification of Projective Techniques, Rorschach Test – Material, Interpretation, Reliability, Validity, Clinical Utility, Limitations. TAT- Interpretation of the Stories,, Evaluation, Reliability, Validity, Clinical Utility and Theoretical Basis.

Books recommended:

1. Korchin, S.J. (1976). Modern Clinical Psychology. CBS Publication, Delhi.
2. Weiner, I.B. (1974), Clinical Methods in Psychology.
3. Goldenbern. H. (1983). Contemporary Clinical Psychology (2nd Ed.) New York.
4. Wolman, B.B. (1978). Clinical Diagnosis of Mental Disorders : A Handbook. N.Y. Plenum.
5. Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). Introduction of Clinical Psychology (5th Ed.). New Jersey : Prentice Hall.
6. सिंह , ए.के. (2008) : आधुनिक नैदानिक मनोविज्ञान, मोतीलाल बनारसी दास, दिल्ली।



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7. सुलेमान, मुहम्मद एवँ कुमार, दिनेश (2006) : आधुनिक नैदानिक मनोविज्ञान, जनरल बुक एजेन्सी, पटना ।
8. कपिल, एच.के. (2006) : नैदानिक मनोविज्ञान, भार्गव बुक हाउस, आगरा ।



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PAPER – IV (A): Health Psychology

Unit – I:

Health Psychology- Nature, scope and its interdisciplinary and socio-cultural context, The relationship of health psychology with clinical psychology behavioral medicine, gender and health.

Unit – II:

Models of Health- Bio-psychological model. Health behaviors models, self efficacy model, concept of Yoga & Meditation.

Unit – III:

Health promotion and disease prevention. Behavioral risk factors(e.g. drug and alcohol use. Unsafe sexual behavior: smoking; diet, and sedentary life style).

Unit – IV:

Stress, personality and social support as psycho-social linkages of health, cardio-vascular disorder, AIDS/HIV, diabetes, cancer.

Unit – V:

Condition/Resources promoting and maintain health. Psychological, economic and spiritually oriented interventions. Development of healthy habits and reduction of unhealthy behavior.

Books recommended:

- 1 Aboud,F.E.(1998). Health Psychology in Global perspective. Thousand Oaks, CA: Sage.
- 2 Bishop, G.D.(1994). Health psychology: integrating Mind and Body. Boston, Allyn & Bacon.
- 3 Broome,A.K.(1995). Health psychology London: Chapman &Hall.
- 4 Misra,G.(1999). Psychological perspective on stress and health, New Delhi; Concept.



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(OR)

Paper IV (B): Organizational Behaviour

Unit – I:

Introduction: Field, Challenges and Opportunities; Emerging Trends in Organizational Behaviour; Job Satisfaction: Nature and definition, Determinants; Job Satisfaction and Productivity, Measurement.

Unit – II:

Diversity: Nature and characteristics managing diversity. Ethics in organizations. Organizational culture: Nature, creating and maintaining culture.

Unit – III:

Work Motivation: Content Theories – Maslow-Herzberg, Process Theory, Expectancy Theory, Equity Theory and Goal Setting. Motivating Employees: Incentive types.

Unit – IV:

Job Analysis: Meaning and Nature, Job Specification and Evaluation, Purpose of Job Analysis, Methods of Job analysis, Uses of Job Analysis and Job Placement.

Unit – V:

Leadership: Nature and Definition, Types, Functions of the Leader. Theories of Leadership: Fiedler's and Vroom's Contingency Theories, Interactional Theory, Time Theory.

Books Recommended:

1. Gilmer, B.V.H. (1971). Industrial and Organizational Psychology, McGraw-Hill.
2. Katz, D. and Kahn, R.K. (1980). The Social Psychology of Organization, Wiley.
3. Robbins, S.P. (1980). Organizational Behaviour, Prentice Hall, New Delhi.
4. Luthans, F. (1997). Organizational Behaviour, Tata McGraw-Hill, New Delhi.
5. Arnold, H.J. and Feldman, D.C. (1986). Organizational Behaviour, McGraw-Hill.
6. Dwivedi, R.S. (2001). Human Relationship and Organization Behaviour, McMillan, New Delhi.
7. गायत्री: औद्योगिक, संगठनात्मक एवं मानव अभियांत्रिकी, श्री राजा राम शास्त्री ग्रामीण विकास संस्थान, मिर्जापुर।



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8. ओझा, आर. के. (2006): औद्योगिक मनोविज्ञान, विनोद पुस्तक मन्दिर, आगरा।
9. सुलेमान, एम. एवं चौधरी, वी. के. (2005): आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली।

(OR)

Dissertation



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Paper-V- Practical

Any Five:

1. Measurement of Prejudice
2. Employee Motivation
3. Measurement of Aggression
4. Measurement of Altruism
5. Attitude Measurement
6. Job Commitment
7. Social Conformity
8. Beck's Depression Scale
9. Measurement of Interpersonal Conflict
10. Self-esteem
11. Beck Insight Scale

Internship

In this semester students will have to go for internship. Topic of the internship will be decided with the help of concerned faculty.